

Conference Overview

Who should attend: Primary care physicians, family practitioners, specialty physicians, dietitians, nurses and other healthcare professionals who care for patients with obesity and eating disorders.

What is covered: New insights and treatment options for patients with obesity and eating disorders.

Learning objectives

Following the completion of this conference, attendees should be able to:

- Identify the major types of eating disorders
- Determine healthy weight and BMI
- Identify the medical consequences of obesity and eating disorders
- Discuss the treatment approaches for obesity and eating disorders
- Consider the etiology as well as the psychological, physiological and pharmacologic consequences of excess body weight
- Review current treatment strategies for managing the unique characteristics of each patient
- Outline criteria for evaluating the outcome of various treatments

For more information, call 845.483.6013 or email jsutter@health-quest.org.

Registration Fee: \$30

Course materials will be available online the week prior to download and/or print at home.

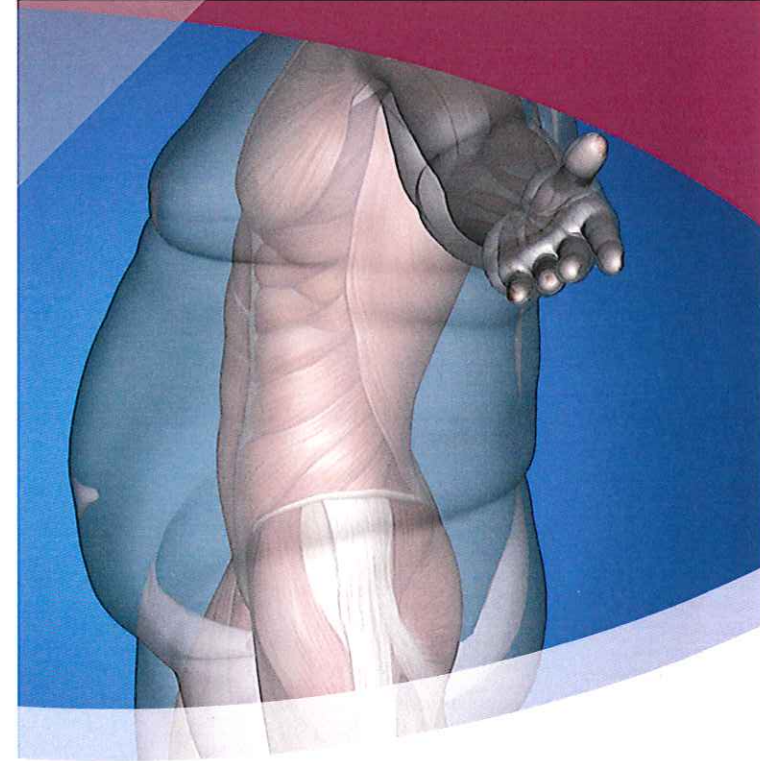
No paper copies will be provided by the CME office.

TTY/Accessibility: 800.421.1220

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Obesity Teaching Day

Friday, March 17, 2017
7:30am-4pm

The Grandview
176 Rinaldi Boulevard
Poughkeepsie

Register online:
cmetracker.net/HQ/Catalog

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Program Schedule

7:30-8am | Registration

8-8:05am

Welcome and Opening Remarks

Joseph Calabro, MD,* Education Director,
TLC Pediatrics

8:05-8:45am

Plastic Surgery After Weight Loss

Adam Silverman, MD,* Plastic Surgeon,
New Beginnings Plastic and
Reconstructive Surgery

8:45-10am

Pediatric Obesity: Prevention Is Better Than Treatment

Roger Green, MD,* Pediatrician,
CareMount Medical

10-10:15am | Break

10:15-10:40am

Surgical Risks on the Morbidly Obese

John Choi, MS, MD, FACS, Director of General
Surgery MIS, Robotic, General and Colorectal
Surgery, Health-Quest Medical Practice

10:40-11:20am

The Parental Perception of Childhood Obesity in Dutchess County

Elaine Suderio, FNP,* Children's and
Women's Physicians of Westchester

11:20am-12pm

Measurement of Basal Metabolic Rate as an Adjuvant to Weight Loss Treatment Modalities

Sarah Levin, MD, FACC, Attending Cardiologist,
The Heart Center, a division of Hudson Valley
Cardiovascular Practice, P.C.

Please note this schedule is subject to change
before March 17, 2017. For the latest updates, go to
vbmc.libguides.com/2017obesity/agenda.

* In the spirit of keeping you well informed, the physician identified is
neither an agent nor an employee of Health Quest or any of its affiliate
organizations. This physician has selected our facilities as the place
where he or she wants to treat and care for private patients.

12-1pm | Lunch

1-1:40pm

Healthy Eating, Behavior Change and Mindfulness

Theresa Zangerle-McCartin, RD, CDN,
Digestive Disease Center of the
Hudson Valley

1:40-2:20pm

"Doc, my sugar's up" Identification, Monitoring and Treatment of Antipsychotic-Associated Weight Gain

Sandra K. Antoniak, MFS, MD,
Forensic Psychiatrist, Beacon

2:20-2:35pm | Break

2:35-3:20pm

Eating Disorders as a Coping Mechanism

Susan Piowaty, CSW, Social Worker/
Psychotherapist, New Paltz

3:20-4pm

Eating Disorders

Henry Cheng, MD, Psychiatrist,
The Renfrew Center, New York

Register online:

vbmc.libguides.com/2017obesity

For staff RNs, RTA:

1. Register online at cmetracker.net/HQ/Catalog
2. Submit Request to Attend online form and a copy of
your registration to Learning and Talent Development

Vassar Brothers Medical Center gratefully acknowledges
Joseph Calabro, MD, Obesity Teaching Day Education Director,
and the Dutchess County Department of Behavioral &
Community Health in the planning of this Obesity Teaching Day.

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Accreditation: Vassar Brothers Continuing Medical Education is
accredited by the Medical Society of the State of New York to
provide continuing medical education for physicians.

AMA Credit Designation: Vassar Brothers Continuing Medical
Education designates this live education activity for a maximum
of 7.00 **AMA PRA Category 1 Credit(s)**[™]. Physicians should only
claim credit commensurate with the extent of their participation
in the activity.

Nursing Accreditation: 7.00 CME = 7.00 contact hours. As per
ANCC contact hours are equivalent to CME Credits.

AAPA Accreditation: AAPA accepts certificates of participation
for educational activities certified for Category 1 from AOACCME,
prescribed credit from AAFP, and **AMA PRA Category 1 Credit**[™]
from organizations accredited by ACCME or a recognized state
medical society. Physician assistants may receive a maximum
of 7.0 Category 1 credits for completing this program.

Physical Therapy: Vassar Brothers Medical Center is recognized
by the New York State Education Department's State Board for
Physical Therapy as an approved provider of physical therapy
and physical therapist assistant continuing education. This
activity has been approved for 7.0 hours.

Occupational Therapy: 7.0 CME = 7.0 units. To claim units, you must
submit your certificate of attendance with the activity brochure to
NBCOT. www.nbcot.org/pduchart

Americans With Disabilities Act: We encourage participation by
all individuals. If you have a disability, advance notification of any
special needs will help us to better serve you. Please notify us of
your needs in advance of the program. Thank you.

Disclosure: In accordance with the disclosure policies of
Vassar Brothers CME, the effort is made to ensure balance,
independence, objectivity and scientific rigor in all educational
activities. These policies include resolving all conflicts of interest
between faculty and commercial interests that might otherwise
compromise the goal and educational integrity of this activity.
All faculty members participating in this activity have disclosed
all significant relationships—financial or otherwise—with the
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accepted for the activity.